

# au naturel

wellness & medical spa



## FACIAL

Price

Minutes

### *Comfort Zone*

customized Comfort Zone facial	\$95 .....	60
Au Naturel anti-aging action sublime	\$145 .....	75
anti-aging chrono reverser collagen	\$135 .....	60
glorious skin anti-aging	\$125 .....	60
rebalancing absolute pearl	\$100 .....	60
rebalancing arctic berry	\$100 .....	60
alphatherapy delicate rebalancing	\$100 .....	60

### *Dermalogica*

customized Dermalogica face treatment	\$95 .....	60
medicated clearing facial	\$95 .....	60
age smart treatment	\$125 .....	60
clean start face treatment	\$55 .....	30

### *Microdermabrasion*

Single treatment	\$150 .....	45
series of 3 treatments	\$400 .....	3 x 45
series of 5 treatments	\$600 .....	5 x 45

### *Service enhancement to any facial:*

mini-microdermabrasion	\$65 .....	30
eye remedy	\$30 .....	30
lip bloom	\$20 .....	30
makeup application	\$45 .....	45

## MASSAGE

Au Naturel signature massage	\$145 .....	90
Swedish or sports massage	\$125 .....	90
	\$90 .....	60
	\$55 .....	30
aromatherapy massage	\$130 .....	90
	\$95 .....	60
	\$60 .....	30



brookstreet

work · play · getaway

	Price	Minutes
couples' massage	\$250 .....	90
	\$180 .....	60
	\$110 .....	30
Vichy rain massage	\$105 .....	60
Hawaiian Lomi Lomi massage	\$95 .....	60
scar treatment massage	\$100 .....	60
Indian head massage	\$55 .....	30
PDA massage	\$55 .....	30
reflexology	\$85 .....	60
	\$50 .....	30
Thai yoga	\$140 .....	90
	\$95 .....	60
reiki	\$80 .....	60
	\$50 .....	30

### Service enhancement to any massage:

hot stones	\$15 .....	15
foot and leg massage	\$55 .....	30
hair and scalp massage	\$25 .....	15

## BODY

D-age firming anti-age wrap		
with hot stones	\$110 .....	75
monticelli fango wrap	\$105 .....	60
with hot stones	\$120 .....	60
with hydrofusion	\$130 .....	75
detoxifying mud therapy	\$100 .....	60
with Vichy	\$125 .....	60
revitalizing firming algae	\$100 .....	60
body strategist refiner	\$85 .....	60
series of 3 treatments	\$210 .....	3 x 60
series of 5 treatments	\$345 .....	5 x 60

## SUNLESS TANNING

full body	\$60 .....	60
upper body	\$35 .....	30

## EPILATION

lip or chin	\$15 .....	15
brow	\$20 .....	15
face (sides only)	\$18 .....	15
arm	\$25 .....	30
underarm	\$20 .....	15
abdomen	\$15 .....	15
half leg (lower)	\$35 .....	20

# deserves it...

	Price	Minutes
half leg (upper)	\$45 .....	30
full leg & bikini	\$70 .....	45
Canadian bikini	\$25 .....	15
French bikini	\$35 .....	15
Brazilian bikini	\$60 .....	45
back or chest	\$30 .....	20
neck & shoulders	\$20 .....	20
brow tint	\$20 .....	15
lash tint	\$30 .....	20

## MAKE UP

makeup application with consultation	\$70 .....	60
makeup application	\$45 .....	45

## WATER

### *hydrotherapy tub treatment*

barefoot venus little indulgences	\$45 .....	20
inner C	\$50 .....	20

### *hydrofusion capsule*

after or as solo treatment	\$35 .....	30
before treatment	\$25 .....	15

### *Vichy rain shower*

inner C glow	\$90 .....	45
tranquility body	\$90 .....	45
tiare jasmine tea scrub	\$90 .....	45

## HANDS & FEET

Au Naturel manicure	\$45 .....	40
deluxe manicure	\$50 .....	50

### *OPI gel nails*

for colour or clear nails	\$45 .....	60
for French nails	\$55 .....	60
individual repairs	\$15 .....	15

### *Bio-Sculpture gel nails*

for colour or clear nails	\$50 .....	45
for French nails	\$60 .....	45

Au Naturel pedicure	\$70 .....	60
deluxe pedicure	\$75 .....	70
vital leg pedicure	\$70 .....	60
French polish add-on	\$10 .....	15

	Price	Minutes
<b>FOR MUM</b>		
pregnancy massage	\$90 .....	60
	\$55 .....	30
new life (mums to be)	\$75 .....	45
organic body wrap (mums to be)	\$85 .....	60
new mum (post-pregnancy)	\$100 .....	75

## FOR MEN

deep cleansing facial	\$90 .....	60
anti-age performance facial	\$125 .....	60
purifying body treatment	\$100 .....	60
deep tissue massage	\$135 .....	90
	\$90 .....	60
	\$55 .....	30
men's foot treatment	\$60 .....	45
men's hand treatment	\$40 .....	30
waxing & sugaring for men (see epilation section)		

## SPA PACKAGES

queen for a day	\$370 .....	5 h 30 m
tranquility	\$240 .....	2 h 30 m
soul relief	\$200 .....	3 h
on the go	\$135 .....	1 h 30 m
<i>for brides</i>		
blissful retreat	\$250 .....	4 h
<i>for couples</i>		
time out for two	\$560 .....	5 h
<i>for men</i>		
king for a day	\$350 .....	4 h 30 m
the 19th hole	\$200 .....	2 h 30 m

*All prices subject to applicable tax and gratuities and are subject to change without notice. See full details online or in our Spa Menu.*

# au naturel

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**Monday:** 10 am - 6 pm, **Tuesday - Thursday:** 10 am - 9 pm

**Friday:** 9 am - 9 pm, **Saturday & Sunday:** 9 am - 6 pm

*Au Naturel Spa is located on the 2<sup>nd</sup> floor of Brookstreet Hotel*

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